

SIES Graduate School of Technology Sri Chandrasekarendra Saraswati Vidyapuram Sector 5, Nerul, Navimumbai-400706



## Women Development Cell

## WDC Annual Report 2022-23

The CWDC (College Women Development Cell) has been set up as per the guidelines laid down by the women development cell of University of Mumbai. CWDC conducts various programs and workshops to create social awareness in students about women related issues. The cell looks into the grievances of the women, both staff and students, and provides guidance and help to them.

The following events have been organized under WDC for the year 2022-23.

WDC SIESGST conducted a **Law Based Seminar** on September 16th,2022 at 4:30pm on virtual ground via the Microsoft Teams App. The webinar commenced with the speaker introducing and explaining the Constitution of India, followed by the explanation of what an article is and introductions to some of them.She gave a deep insight into the fundamental rights provided to the citizens of our nation and elaborately explained some articles like, Articles 14 to 32 - the fundamental rights which being known to the upcoming generations is the need of the hour.

WDC SIESGT conducted a display of an Informative Act based on **Gender Sensitization** on October 13th,2022 in the GST Quadrangle. The act commenced a quarrel between two siblings regarding their father choosing a successor amongst the who of them. Despite the daughter being worthy the father decided that his son was the one who would inherit the entire business even though he was less qualified and only for the reason that he was a man. The act concluded with a speech which used facts like " Even today the literacy rate for women is 65% which ends up lowering to 13% in some states. According to the reports 43% girls in the nation get married below the age of 18 even today! In the act displayed the daughter was allowed to speak her opinions even though the final decision was gender biased." But treating someone better doesn't mean you're giving them complete justice.

WDC SIESGST conducted a **Self Defence Workshop** on January 11th, 2023 In the GST Quadrangle. The mission of this workshop was to create awareness and spread the significance of fitness, sports and adventures among each and every individual. Training self-defense to each and every individual so that girls could fight back against any unusual activities as well as to improve their fitness and boys could protect themselves and inculcate discipline amongst them.

Self-Defense is an art of protecting ourselves from any danger. This workshop played a major role in spreading the importance of self-defense to each and every student and faculty. Self-Defense is a contribution of every martial art and is very effective when applied on the enemy.

The workshop commenced with them explaining about the importance of self-defense. The well trained trainers were there and their techniques are very effective in achieving the best results. Their Self-Defense training included-

- 1. Warm-ups
- 2. Stretching Exercise
- 3. Kicks
- 4. Punches
- 5. Self-Defense Techniques
- 6. Locks and breaks
- 7. Keeping yourself safe using household or surrounding things E.g. Keys, pens, hairpins, bags, etc.

Towards the end, they explained what can be done to recognize the problems faced, create awareness about these problems and participate fully in the cause. The workshop ended with an interactive question and answer session.

WDC SIESGST conducted a **POSH Act Seminar** on January 13th, 2023 at 4:30pm in the GST Auditorium. The POSH Act, as mandatary compliance, requires every company having more than ten employees to constitute an Internal Complaints Committee (ICC) in the prescribed manner to receive and address the complaints of any sort of sexual harassment from women in a time-bound and extremely confidential manner. This is not all of it to know more, join the session with the link given below. A few minutes of your day and you will get to know more precisely about equal opportunities at work.

The seminar commenced with the explanation about Gender roles and stereotypes, they also explained about the changes in the work world, fears and challenges faced by the individuals. They gave us insights about the POSH Act, and told us about the provisions of the Act. Towards the end, they explained how we should maintain Safe Workplaces. The session provided knowledge to the audience about the open legal routes of placing complaints against facing sexual harassment at workplace through the ICC. Different case studies of such incidents which were responsible for the act to come into existence were displayed.

WDC SIESGT conducted a **Seminar on Women Empowerment** on March 8th,2023 at 4:30 pm in the GST auditorium. The session commenced with an elaboration on how women's empowerment is not a standalone objective but an essential component of sustainable development. It is a journey that requires collective effort, commitment, and perseverance. It was an effort to recommit ourselves to the cause of women's empowerment, not just on Women's Day, but throughout the year. By empowering women, we unlock their immense potential, enabling them to contribute meaningfully to society, creating a better world for all. An essential reminder that empowered women empower generations to come was mentioned. The session was a celebration of the accomplishments of women from all walks of life, including those who have fought for gender equality, those who have broken barriers in their professions, and those who have made significant strides in their communities.

WDC SIESGST celebrated the International Women's Day on March 8th,2023. As a tribute to Women's Day, heartfelt gifts were presented to every staff member, accompanied by heartfelt wishes for a joyous and empowering celebration, reminding women of their immense value and contributions to society. The college was decorated at numerous places marking the victory of women in all walks of life. The celebration began with a lamp lighting ceremony followed by performances by the students. A session on women empowerment was conducted by Mrs. Preeti Singh a certified NLP practitioner was the chief guest and guest speaker for the event. Proceeding the celebration was the felicitation of Mrs. Shahabai Salve, a cleaning staff at the Kamakshi temple of SIESGST, as well as an autorickshaw driver. A musical game was arranged for the audience wherein they had to guess the song by the instrumentals played. The audience enjoyed the game a lot which was clearly visible through their enthusiasm. Furthermore the attendees were provided with refreshments. The auditorium as well as the significant places in the college was beautifully decorated by the WDC members with various photo walls, rangolis, origami crafts. It was flooded by the audience after the event to click pictures.

This year WDC brought positive changes and the efforts and the hard work put behind each event was clearly visible. The cell hopes to bring many progressive changes for women and promises to keep working to bring about a positive change in the society.

Report By-CWDC, SIESGST,Nerul.





Women's Day Celebration and seminar on Women Empowerment





Informative Act on Gender Sensitization



**Seminar on POSH Act** 





## Self Defence Workshop



## Law Based Seminar